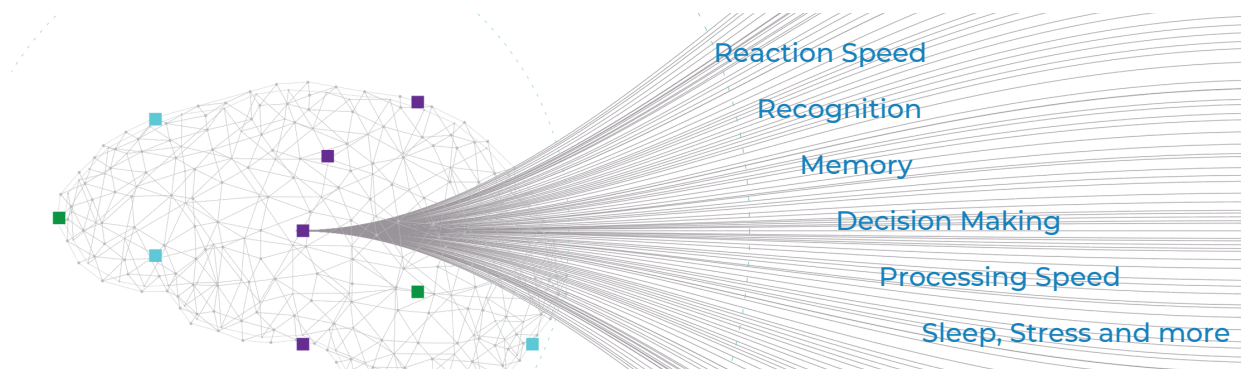


EPS Assessment

Peak performance requires dedication to your craft. Countless hours of practice, a tailored diet, and relentless physical training. Why would your brain be any different? We've developed a series of cognitive assessments to help give you the insight you need to maximize your potential.

To start, you need to go through our COGNITIVE COMBINE

Understand your cognitive vital signs to personalize your training and improve performance. [Areas we target include:](#)



Why is it important?

Neuroimaging technology and analytics enable teams and individuals to see how their brain functions. By doing so, you can identify key strengths and weaknesses and target areas for training to maximize performance for each person. It helps coaches and leaders to understand what makes a person good at what they do and how to find more people like them.

How does it work?

Cognitive Combine has received FDA clearance as a tool that we use to benchmark your brain's vital signs and readiness. It can be completed within 15-20 minutes and provides an evaluation of a person's unique neurocognitive abilities. After your initial use, we recommend continued use either monthly or quarterly depending on organizational need.

The Leader in Cognitive Performance

With Cognitive Combine complete, now you can focus on your daily preparation and readiness. Our CogFit application lets you know whether today is the day to try and break a personal best/record or if today is a day better suited for recovery. CogFit provides daily measurement of cognitive readiness by getting insights from your day-to-day activities.

How does it work?

Cogfit can be taken anywhere and completed on your phone within 5 minutes. Use it before you are going to train or compete, to determine your readiness. It gathers insights on trends from jetlag, stress, changes in eating habits, a major event, and more on your brain's day-to-day function and sees the impact of the night before on today's cognition. If needed, we recommend brain activities and warm-ups aligned with your current goals. You stretch and warm-up your body now let us personalize your neurocognitive warm-up as well.

Train and Track Optimized

All your data is kept in our secure portal platform. It saves all your results in the cloud for easy reference and access.

Visualize your performance and share it with your coaches or trainers to better understand you. Go back and see how your vital signs have changed over time from off-season recovery, in-season grind, fatigue, and more.

If you wish to know more information and find out the latest developments in neurotechnology, email us at info@eliteperform.org

